



Monday-Saturday
11 am-Close
Sunday
11 am-5 pm

NFL SUNDAY TICKET SEASON
OPEN @ 10:00 AM



Appetizers

Onion Battered Green Beans
with ranch dressing 9.00

Pound of Fries
steak fries, Brew City fries,
or sweet potato fries 7.50

Nachos
plate of nachos 11.50
1/2 plate 9.00
add chicken or beef 4.00

Sliders*
delicious mini burgers served with
grilled onions and pickles 11.50

Jalapeño Poppers
with ranch 9.50

Basket O' Bacon
scrumptious basket full of hickory smoked
bacon. served with a side of maple syrup 9.50

Onion Rings
the best in town 8.50

Mozzarella Sticks
served with marinara sauce 9.50

Hummus Plate
pita chips and veggies 10.50

Chips & Salsa 6.50
add guacamole 2.00

Jumbo Soft Pretzel
with beer cheese sauce 7.00



Hot Wings
great with or without the sauce.
choice of dressing with celery and carrots 11.00



If any Eastern Oregon
University athletic team
wins their home match,
Benchwarmers will serve 1.00
wings until midnight that night!
(Valid only with purchase of
a beverage.) Must have ticket
stub from game or EOU attire.

Baskets

all baskets are served with choice of fries, soup
or salad. add onion rings for 1.00 more

Coconut Shrimp Basket
served with sweet chili sauce 15.00

Steak Fingers Basket
served with ranch 15.00

Chicken Strips Basket
served with ranch 15.00

Halibut N' Chips Basket
Red Hook beer battered halibut served with
tartar sauce 17.00

Clam Strips
served with tartar sauce 13.00

Pastas

Chicken Pasta Primavera
rainbow rotini, broccoli, zucchini, and carrots
served hot in a zesty Italian dressing, topped with
a grilled chicken breast and parmesan cheese.
served with garlic toast 13.00
 substitute Alaskan salmon for 3.00

Chicken Linguine
linguine noodles and chicken breast
in a basil cream sauce, served with green salad
and garlic toast 13.50
 substitute Alaskan salmon for 3.00

1.00 on all to-go orders
All Prices Subject to Change

*Eggs and Hamburgers are cooked to order. Consuming raw or undercooked meats, poultry, shellfish or
eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Sandwiches & Burgers

served with your choice of fries, green salad or soup
add onion rings, \$1.50

Build-A-Burger*

1/3 lb. topped with lettuce, tomato, pickle
and onion 13.50

Build-A-Bird

grilled chicken breast filet topped with lettuce,
tomato, pickle and onion 13.50

BUILD A SANDWICH ADD-ON'S 1.00

cheddar	mushrooms	fried egg*	
pepperjack	grilled onions	bacon	2.00
Swiss	jalapenos	guacamole	2.00
provolone		avocado	2.00

Club Sandwich

our house-roasted turkey breast topped
with bacon, lettuce, tomato, mayo and cheese
on sourdough 14.00

Patty Melt*

charbroiled beef patty with grilled onions, served
on grilled marble rye with Swiss 14.00

Tri Tip Dip Sandwich

1/4 pound *Certified Angus Beef*® tri tip roast on
a sourdough hoagie with au jus 14.00

Chicken Strip Sandwich

chicken strips served on a hoagie with Swiss,
lettuce, tomato and our special sour cream
horseradish 14.00

additional
sides of
dressing are
1.00

add guacamole
1.50

add salsa
1.00

Soups & Salads

Chef Salad

fresh greens with sliced
ham, turkey, Swiss and
cheddar cheese, and
hardboiled egg 13.00

Chicken Caesar

tender grilled chicken served on a bed of romaine
with caesar dressing 13.00

substitute Alaskan salmon for 3.00

Oriental Chicken Salad

tender grilled chicken served on a bed of romaine
lettuce with oriental dressing, green onion,
sesame seeds, crunchy chow mein noodles
and sliced almonds 13.00

substitute Alaskan salmon 3.00

BLT

hickory smoked bacon, lettuce, fresh tomato
and mayo on sourdough 13.00

Steak Sandwich*

8oz. New York strip steak, served open-faced
on grilled sourdough, garnished with onion
rings 18.00

Salmon Sandwich

grilled Alaskan sockeye salmon served on
grilled sourdough with capers and garnished
with sour cream 17.00

Reuben Sandwich

in-house brined corned beef, sauerkraut,
Swiss and 1000 island dressing, grilled on
marble rye bread 14.00

Gyros

thinly sliced beef and lamb cooked with grilled
onions and fresh tomatoes. served on a Greek
pita with tzatziki sauce 14.00

grilled chicken gyro 15.00

Alaskan salmon gyro 16.00

Tri Tip Philly Cheesesteak

1/4 pound thin sliced *Certified Angus Beef*®
tri tip with grilled onions and peppers, topped
with Swiss cheese on a hoagie roll 14.50

Soups & Salads

New! Philly Caesar

BENCHWARMERS
Own

Certified Angus Beef® tri-tip served on a bed of
crisp romaine with creamy caesar dressing 14.00

Taco Salad

fresh green salad covered in 1/4 lb. of beef
or chicken, tomatoes, olives and green onions.
topped with cheese and served with sour cream
and salsa 13.00

Dinner Salad 7.50

Side Salad 4.50

Soup of the Day (homemade daily)

please ask your server
bowl 6.50 | cup 5.00

New England Clam Chowder

BENCHWARMERS
Own

offered every Friday
bowl 7.00 | cup 5.50

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Beverages

Soft Drinks (free refills) 2.75

Coffee (free refills) 2.50

Hot/Cold Tea (free refills) 2.50

Juice 3.00

orange, cranberry, tomato, lemonade

HAPPY Hour

3-6 pm Monday-Friday

**\$3 Domestic Drafts
& \$9 Pitchers (Domestic)**

\$4 Well Drinks
(.50 extra for juice)

Growler Fill - \$3 OFF

Benchwarmer's also has a full-service bar.
Please check with your server for specials.



Like us and you will
receive the "inside scoop"
on our daily Facebook
Specials!



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Happy Hour

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For your convenience, a 20% gratuity will be added to parties
of 7 or more.